

About Ayush University

The Ayush and Health Science University of Chhattisgarh. Act, 2008 was enacted by the Chhattisgarh Legislature. The University was established on 16th September 2008. It has now been named Pt. Deendayal Upadhyay memorial Health Science and Ayush University of Chhattisgarh. The main objective of the University is to disseminate, create and preserve knowledge of Health Sciences and understand by teaching, research, extension of education and Service by effective demonstration. While performing various functions as per the Act, the University is particularly taking care of training of the teachers of various fields, organising lectures by eminent scholars to help Study of Health Science, and promoting researches in Medical & Ayurveda Science.

Message By Dr. P.K. Patra, Vice Chancellor Ayush University Raipur, (C.G.)

In the modern days of highest competition one has to develop a complete competency in different fields. Involving cultural activities will not only help the students to overcome the stress due to heavy academic schedules, but will also surely boost the confidence of the students.



Dear Students, Faculty, and Staff, It gives me immense pleasure to announce the inaugural of 1st Inter-College (Dental) Cultural Competition "Tarang" a celebration of talent, creativity, and unity across our institutions. This event will serve as a platform to showcase the diverse skills of our students and foster camaraderie among colleges. The competition will feature a range of cultural activities, including music, dance, fine arts, and literary events. I encourage everyone to participate actively, either as competitors or as enthusiastic supporters.

Let us come together to make this initiative a memorable one, reflecting the spirit and vibrancy of our university community and make history with this **TARANG CULTURAL COMPETITION**.



About TARANG

TARANG is the 1st State level Inter-College (dental) Cultural, Competition organized by Pt. DDUHS Ayush University, Raipur CG.This year it is scheduled to be held on 23rd–24th January 2025 at Rungta College of Dental Sciences & Research, Bhilai.

TARANG provides an opportunity for all the BDS/MDS students of all the dental colleges of CG state to come together, interact and compete. It is an endeavour to enable the students to gain knowledge and awareness through mutual interaction and learn the art of sharing and caring.

It is a perfect platform to bring out the latent talents. Bring your originality, artistic excellence, musical forte, and true sportsman spirit to the forefront. It is going to test your mettle and take you to the un-scaled heights of euphoria.... Come join us!!

S. No.	Event	Туре
1	Song	Solo
2	Dance	Solo
3	Painting	Solo
4	Debate	Solo
5	Face Painting	Solo
6	Soap Carving	Solo
7	Photography	Solo
8	Wire Bending	Solo
9	Mehndi	Solo
10	Rangoli	Solo
11	Rangoli	Group
12	Group Dance	Group
13	Antakshari	Group
14	MasterChef	Group

PROGRAM SCHEDULE

23rd January 2025 Reporting Time : 9:30 am 10:00AM to 4:00PM **Inaugural of Tarang Cultural Feast** at 5:00PM to 8:00PM 1. Master Chef 8. Solo Song 2. Debate 3. Painting Face Solo Dance (Western & Classical) <u>9</u>. 4. Painting **10. Group Dance** 5. Wire Bending 6. Mehndi 7. Photography 24th January 2025 Reporting Time : 9:00am

- 1. Rangoli Solo/Group
- 2. Antakshari
- 3. Soap Carving

General Guidelines

- 1. Registration is free, for giving names for the participation, kindly fill the Google form.
- 2. Last date for registration is 16^{th} Jan 2025.
- 3. All Participants are instructed to wear their college ID card compulsorily during event on each day
- 4. All participants are instructed to follow the reporting time on each day
- 5. If any student wants to avail the accommodation & food Rs 500/- in hostel on sharing basis.
- 6. If any Staff (upto 5 per college) wants to avail the accommodation & food- Free in hostel on sharing basis.
- 7. Each Participants can participate in only one event on each day.
- 8. Each institute may kindly designate one faculty as overall coordinator for the event who can contact the cultural coordinator (Dr. Shilpi Karpathak 9893012678) for further details.
- 9. Judges decision will be final.

2:00 PM to 4:00 PM. 4. Prize Distribution and Valedictory







<u>1. SONG</u>

Type-Solo

Category-Filmy/Popular

- Two entries per college is allowed.
- Only Hindi songs are allowed.
- Time limit for solo song is 3 minutes.
- Song selection must be decent & verified by the coordinator.
- Mixing of songs is allowed.
- Karaoke / Self-instrument playing is allowed.
- ✤ No spot entries will be obliged.
- Judge's decision will be final decision.

2. SOLO DANCE

Type- Solo

Category: - Western & Classical

- Two entries per College is allowed, one for Western and one for Classical.
- The time limit for the participants is minimum 3 minutes and maximum 5 minutes.
- Participants must bring in Pen Drive/Mobile with chord of the track on which dance is to be performed.
- Participants can mix more than 1 song if required within the prescribed time limit.
- Participants can arrange/ bring the prop (if any) with self.
- Costumes & Songs selection must be decent.
- Tracks to be submitted before 20th January 2025 to the Co-ordinators.
- No spot entries will be obliged.
- Judges decision will be final decision.
- Green room facility will be provided for girls and boys.





3. MEHNDI

Type-Solo

- ✤ No of Entries: Unlimited.
- Mehndi design should be creative and unique.
- Participants can apply mehndi on their own hand or any other person's hand.
- Participants need to bring their own materials (Mehndi cones & other materials).
- Time limit is 1 hour.
- It is one round event.
- Mehndi tattoo designs that mimic tattoo (sticker) are not eligible for entry.
- Mehndi must be made up to 4 inch below the palm.
- Reference images/mobiles are not allowed.
- ✤ No spot entries will be obliged.
- Judging criteria will be Neatness and creativity.
- Judge's decision will be final.

4. RANGOLI

Type-Solo

Category: - Free Style

- No. of entries per college: Unlimited.
- Size of rangoli should not exceed more than 4×4 sq. feet.
- Participants are required to bring their own materials.
- Participants will not be allowed to bring Rangoli designs or reference material along with them.
- Rangoli must be made up to specified area.
- Use of mobile phone is strictly prohibited during the competition.
- Time limit is 1 hour.
- Participants can only use filter, chalk, glitter powder and rangoli colors.
- No spot entries will be obliged.
- Judges decision will be final decision.



5. RANGOLI - GROUP

Type- Group

Category: - Nature & Festival

- No. of entries per college: Unlimited.
- ✤ In each team there will be 3 participants.
- Participants have to bring their own materials.
- Participants will not be allowed to bring Rangoli designs or reference material along with them.
- Rangoli must be made up to specified area.
- Use of mobile phone is strictly prohibited during the competition.
- Time limit is 1.5 hour.
- Size of the rangoli should not exceed more than 8×8 feet.
- Participants can only use filter, chalk, glitter powder and rangoli colors.
- No spot entries will be obliged.
- Judge's decision will be final decision.

6. GROUP DANCE

Type- Group

Category: - Free Style

- One team per college is allowed.
- Each team may have 6-10 participants.
- Time limit is minimum 6 minutes and maximum 8 minutes for each performance.
- Negative marking for exceeding the time limit.
- The participants are requested to bring Pen drive / Mobile with chord of the taken on which dance is to be performed.
- Participants can mix more than 1 song if required within the prescribed time limit.
- Participants can arrange/ bring the prop (if any) with self.
- Costume & song selection must be decent.
- Tracks to be submitted before 20th January 2025 to the Co-ordinators.
- Green room facility will be provided for girls and boys.
- Judge's decision will be final decision.





7. ANTAKSHRI

Type- Group

- One team per college is allowed.
- Number of participants should be 3 in each team.
- Rounds will be disclosed to the participants at the time of the event.
- Team seating sequence will be decided by chit system.
- Judges decision will be final.

8. MASTER CHEF

Type-Group

Category: - Open

- One team per College is allowed.
- Participating team will be consisting of 4 members.
- Time limit is 3 hours for cooking, and plate up the dish.
- Each team have to prepare 1 Starter, 1 Main Course and 1 Dessert.
- Cylinder, gas stove, microwave, mixer grinder and refrigerator will be provided by the coordinator.
- All the participants have to bring the required ingredients and utensils for cooking and for serving.
- For serving participants should serve sufficient quantity for 4 judges.
- Pre-prepared items are strictly prohibited.
- Overnight soaking of the ingredients required for cooking is allowed only after giving prior information to the coordinators.
- Allotted area should be neat and clean.
- Mobile phones & recipe books are strictly not allowed.
- Judges will taste the chefs' courses and score on presentation, innovation, and taste.
- Placards are compulsory.
- Participants are allowed to reheat the dishes minutes before the evaluation begins.
- Judges decision will be final.





9. PHOTOGRAPHY

Type- Solo

- ✤ No. of entries per college: Unlimited.
- The photograph should depict the theme-On Spot.
- All participants will be given theme on the 23rd jan2025 and they have to submit it in soft copy by 12:00 am on 24th Jan 2025 for the judging.
- The photograph must be original and no watermark of any kind should be on the photograph.
- The photograph must be of highest resolution possible.
- It can be in Landscape/Portrait mode.
- Photographs that have been digitally altered beyond standard optimization (removal of dust, cropping, reasonable adjustments to exposure, color and contrast, etc.) will be disqualified.
- Fault content of any kind will not be entertained and would lead to direct disqualification.
- ✤ Judge's decision is the final.
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10. DEBATE (HINDI/ENGLISH)

Type- Solo

Topic: Internet- Good for health (Hindi / English)

- No. of entries per College : Unlimited.
- Each participant will be given maximum 3 minutes time to speak either in favour or against the subject.
- A warning bell will be given after 2:30 minutes and a final bell after 3 minutes.
- If the participants exceed the allocated time than the marks will be deducted at the discretion of the judges.
- Marking Criteria is Contents, Oratory skills, Presentation skills, Clarity of thought and Confidence.
- Sequence will be as per chit system.
- Judge's decision will be final.





<u>11. FACE PAINTING</u>

Type- Solo

Theme: Animal

- No. of entries per College: Unlimited.
- Before the competition the photograph should be taken by coordinator.
- No makeup artist will be permitted.
- Each participant will be given 2 hours to paint the face and 2 minutes for descriptive presentation of the given theme during judging time (no dancing/no singing/ no dialogues are allowed).
- Model must arrive with clean face with no makeup or false lashes. If model arrive with makeup on they will be required to remove the makeup prior to the start of the competition.
- Competitors and model will not leave the competition area after the competition has started.
- It is the responsibility of each group to secure and furnish their makeup tools, necessary supplies props, and dresses at their own expense.
- Each Participants will be given 2 hours to complete their look.
- * Artificial lashes, wigs, props, and jewelleries are permitted.
- ✤ Judge's decision will be final.

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12. PAINTING

Type- Solo

Style: Scenery

- ✤ No. of entries per college :Unlimited.
- 1/4th chart paper will be provided by the coordinators.
- Colors choice must be emulsion/enamel/ Acrylic (also you can use combination of colors to create a beautiful work) and must be arranged by the participants.
- Time will be of 2 hours.
- The painting will be done under the observation of faculty and camera surveillance.
- No artist from outside will be allowed for any kind of help.
- Judge's decision is final.





13. SOAP CARVING

Type- Solo

- ✤ No.of entries per college : Unlimited.
- Time Limit:1 hour 30 minutes.
- All required materials for carving should be brought by the participants themselves and soap will be provided by the coordinators.
- No Referral Materials are allowed.
- Mobile phone will be strictly prohibited.
- Judge's decision will be final.

14. WIRE BENDING

Type-Solo

Theme: Creative

- ✤ No. of entries per college: Unlimited.
- A time frame of 1 hour will be given for the competition.
- Participants must bring their own wire and all the necessary instruments.
- Participants are allowed to bend the orthodontic wire on any shape 3D/2D design/style.
- All wire bending will be judged on the basis of creativity and style.
- Judge's decision will be final.



Chief Patron

Dr. P. K. Patra Vice Chancellor, Ayush University, Raipur (C.G.)

Patrons

Dr. Karthik Krishna M, Dean RCDSR, Bhilai Dr. Nagarathna P. J., Dean CDCRI, Rajnandgaon Dr. Atul Jain, Dean MCDRI, Durg Dr. Virendra Vadher, Principal, GDC, Raipur Dr. Rana. K. Verghese, Dean NHDCRI, Bilaspur Dr. Raja Sridhar, Dean TIDSHRC, Bilaspur

ORGANISING COMMITTEE

Organising Chairman

Dr. Karthik Krishna M Dean RCDSR

Cultural Coordinator

Dr. Shilpi Karpathak (9893012678) Dr. Gaurav Agarwal (9340630612)

Hospitality & Management

Dr. Reena Kulshreshta (9098170170) College Coordinator, RCDSR

Mrs. Pooja Sitholay (9826660573)

Organising Secretary

Dr. Fatima Khan Vice-Dean RCDSR

For Registration

Dr. Brij Kumar (8839023641)

Dr. Pushpendra Yadav (6263069009)

For Accommodation & Logistics

Ms. Reeta Sharma (9109155571)

Mr. Amit Tamhankar (9893450584)

